**Who am I as I enter the system?**

Mary E. Wright

**Purpose**

**Defining system**

**Who am I as I enter this system?** (deep breath)

* Write your name then write the meaning of your name or the reason of your name. Add 3-5 words that describe you. Ponder this a moment.
* Ask and answer why am I here, attending this week of training? What do I know about this week? The subject? The faculty? The purpose?
* What do I expect?
* How will I keep connected to my family and friends this week?
* What boundaries do I need to set in order to experience this is an enriching week?

**An emotional snapshot (handout)**

Take a few moments and jot down some things in each category.

**Self Differentiation (hand out)**

**Other ways to get to know yourself more deeply:**

Multiple intelligences; Emotional intelligences; Leadership assessments such as Core Value Index or L.E.A.D.; counseling, spiritual direction, Technical and Adaptive Leadership (Notice that these provide an exterior source of measurement, contemplation.)

**The Importance of knowing yourself, being aware, especially in transitional ministry.**

**How do the exercises we have done today apply in a situation of entering a new position?**

**Questions and conversation**

**Our model Matthew 8:23-27**

*Other stories to ponder*: the woman at the well, the rich young ruler, conversation with Nicodemus, the adulterous woman, Peter and the other disciples, the scribes and Pharisees, Pilate

**Prayer**